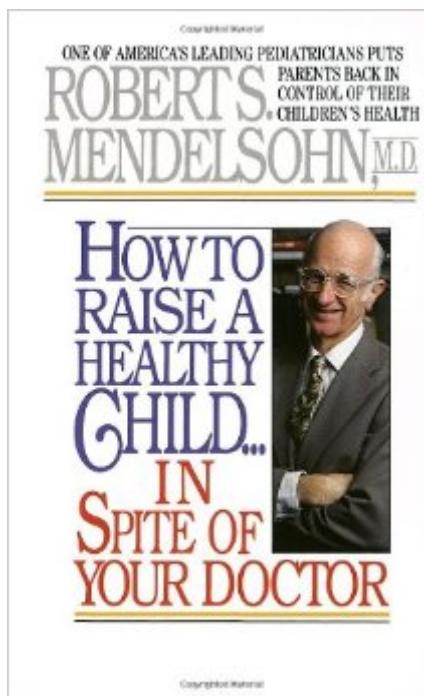


The book was found

How To Raise A Healthy Child In Spite Of Your Doctor: One Of America's Leading Pediatricians Puts Parents Back In Control Of Their Children's Health



Synopsis

Dr. Robert Mendelsohn, renowned pediatrician and author advises parents on home treatment and diagnosis of colds and flus, childhood illnesses, vision and hearing problems, allergies, and more. PLUS, a complete section on picking the right doctor for your child, step-by-step instructions for knowing when to call a doctor, and much more.

Book Information

Mass Market Paperback: 304 pages

Publisher: Ballantine Books (May 12, 1987)

Language: English

ISBN-10: 0345342763

ISBN-13: 978-0345342768

Product Dimensions: 4.3 x 0.8 x 6.9 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ See all reviewsÂ (268 customer reviews)

Best Sellers Rank: #9,900 in Books (See Top 100 in Books) #34 inÂ Books > Health, Fitness & Dieting > Children's Health #282 inÂ Books > Parenting & Relationships > Parenting

Customer Reviews

All responsible parents and parents-to-be will want to hear the other side of the story when it comes to standard pediatric practices. Dr. Mendelsohn gives a thorough introduction to making INFORMED decisions about your child's health in this concise, down-to-earth manual. "How to Raise a Healthy Child" does two very important things. First, it gives parents information about common childhood behavior, illnesses and accidents so that they can treat their child at home when possible and can discern when medical help is necessary. Second, it warns parents about questionable practices and attitudes common in the medical community. It is important for parents to realize, though, that the book is a little dated and that some things have changed for the better (for example, pediatrics does not seem to be as formula-happy as it once was and now favors natural breast feeding). However, some things are as bad as ever or even worse (a respected private hospital near me has close to a 50% C-section rate when research shows that 95% of births are uneventful if allowed to take their natural course). The greatest benefit of this book is that it will give you the frame of mind needed to make safe judgement calls when a doctor tells you you "must" do such-and-such for your child. In the end, you may wish to do further research before making final decisions about things like vaccines, which seems to be a very emotional issue for some. For example, one reviewer here

referred to the author as "biased" against vaccines but only refuted the least relevant point made in the book, ingnoring several others; this made me wonder whether the reviewer is biased in favor of vaccines.

[Download to continue reading...](#)

How to Raise a Healthy Child in Spite of Your Doctor: One of America's Leading Pediatricians Puts Parents Back in Control of Their Children's Health How To Raise Emotionally Healthy Children: Meeting The Five Critical Needs of Children...And Parents Too! Updated Edition Cooking for One: 365 Recipes For One, Quick and Easy Recipes (Healthy Cooking for One, Easy Cooking for One, One Pot, One Pan) Secondhand Scotch: How One Family Survived In Spite Of Themselves Abandoned Parents: The Devil's Dilemma: The Causes and Consequences of Adult Children Abandoning Their Parents Witness for the Defense: The Accused, the Eyewitness and the Expert Who Puts Memory on Trial Heal Your Aching Back: What a Harvard Doctor Wants You to Know About Finding Relief and Keeping Your Back Strong (Harvard Medical School Guides) Anxious Kids, Anxious Parents: 7 Ways to Stop the Worry Cycle and Raise Courageous and Independent Children How to Be a Rock Star Doctor: The Complete Guide to Taking Back Control of Your Life and Your Profession Child Discipline Made Easy: Effective Strategies Proven to Change Your Child's Behavior While Maintaining A Healthy Relationship (Child discipline, toddler discipline, parenting) What Your Doctor May Not Tell You About(TM): Premenopause: Balance Your Hormones and Your Life from Thirty to Fifty (What Your Doctor May Not Tell You About...(Ebooks)) Good Parents Worry, Great Parents Plan: The Guide to Protecting Your Child with a Will and Trust The Moral Intelligence of Children: How To Raise A Moral Child Child Health Nursing (3rd Edition) (Child Health Nursing: Partnering with Children & Families) Motivate Your Child: How to Release Your Child's Inner Drive and Help Them Succeed in Life: A Parents Guide to Raising Kids, Inspire them, Student Success ... Engaged) (Life Psychology Series Book 1) The Making of Modern Colombia: A Nation in Spite of Itself In Spite of the Gods: The Rise of Modern India You always lag one child behind (Barbara revisited): A touching and practical book written in memory of his daughter by a thoughtful father for other parents of mentally retarded children Credit Repair: The Complete Step-to-step Guide To Raise Your Credit Score Quickly And Control of Your Financial Life (Credit Repair Secrets, Credit Repair Tips, Fix Bad Credit) What Your Doctor May Not Tell You About(TM) IBS: Eliminate Your Symptoms and Live a Pain-free, Drug-free Life (What Your Doctor May Not Tell You About...(Paperback))

[Dmca](#)